

Moist Heat Relieves Pain Fast!

Heating our products in a microwave oven (as directed) creates moist heat. When a heated product is placed on the body, the moist heat will be absorbed up to 3.5cm deep very quickly because of the high moisture content of the body. These two moistures interlock giving very speedy temporary relief from pain.

Moist heat created by heating whole wheat grains in the microwave enters the body 32 times* more effectively than heat from packs in plastic or rubber casing, penetrating the dermis layer of the body under the epidermis (skin).

*Supported by scientific reference from Massachusetts General Hospital.

Use Hot or Cold with Confidence

Heat Wheat® Products can be used **hot or cold**. Immediately following an injury it is often better to apply a cold pack followed by a hot pack 24 hours later, which can be more helpful for pain management. Migraine sufferers may find a cold pack more beneficial, but whatever your preference, our products can be used.

For hot packs, heat in the microwave oven as directed and for cold, place the product in a sealed plastic bag in the freezer for a few hours or overnight. Storing a product in the freezer, even a small one, will mean you always have a cold pack available in emergencies, for injury or reducing body temperature with fevers or heat stress.

As hot packs, our products are very useful to manage the pain associated with arthritis, rheumatism, aching muscles, menstrual cramping, neck and back aches, inflammation, sinusitis, stress, childbirth and sports related injuries. For comfort and warmth or just helping you to relax, use one of our packs heated.

Our products are often used in hospitals and nursing homes or in the clinics of medical, health and rehabilitation therapists.



Therapeutic Cord Pillow

Our original product, non segmented pillow. Use around neck and shoulders, across lower back and along spine. Can be used anywhere on the body. Very popular multi purpose product.

Code: CP
Size: 450mm x 150mm
Weight: 1.5kg



Neck & Back Therapy Wrap

One product for several applications. Great benefit for temporary relief of neck and back pain. Straps to the body for men and women on the move. Contours to the body shape with long straps and velcro to fasten around waist. Ideal for sufferers of lower back pain, hip or knee pain. Can also be worn around the neck if pain is present at top of the spine. Very useful in the late months of pregnancy as straps are long.

Code: TW
Size: 510mm x 160mm (plus strap)
Fits waist up to 125cm
Weight: 1.25kg



Joint Wraps

Three sizes. Wrist (small), Ankle or Elbow (medium) and Knee (large). Ideal for sports or repeated strain injuries. Segmented to hold grain in place. Velcro fastening for convenience.

Code: WW - Wrist Wrap
Size: 430mm x 150mm
Weight: 0.62kg

Code: AEW - Ankle or Elbow Wrap
Size: 540mm x 160mm
Weight: 0.95kg

Code: KW - Knee Wrap
Size: 680mm x 170mm
Weight: 1.5kg



Oval Cushion

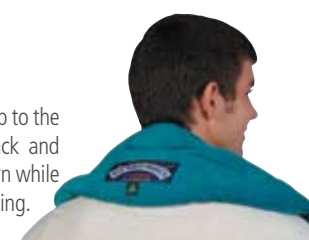
Non-segmented cushion, very full of wheat for extra comfort and warmth. Use on any part of the body, but especially helpful at reducing pain in the lower back, shoulder, hip, or during childbirth. A favourite for warming on cold winter nights.

Code: OC
Size: 340mm x 230mm
Weight: 1.5kg

Neck Warmer

Fits snugly and comfortably around the neck up to the hair line. The grain is concentrated to the back and sides of the neck by sewn segments. Can be worn while moving about, reading, relaxing or when travelling.

Code: NW
Size: 720mm x 170mm
Weight: 1.1kg



Shoulder Cuff

One size fits all. Can be used on either shoulder. Very useful for management of pain caused by frozen shoulder, bursitis or rotator cuff tendonitis.

Code: SC
Size: 410mm x 490mm
Weight: 1.7kg



Handy Pack

Segmented product for lighter weight. Designed especially for those suffering menstrual cramping, shoulder or chest pain and post surgical pain. Can be used anywhere on the body.

Code: HP
Size: 320mm x 180mm
Weight: 0.93kg



Back Support Wraps

Comfortable to wear as a brace and to use as a support cushion. When heated, the added benefit of penetrating heat gives great temporary relief from back pain. Can be worn under or over clothing, while driving or sleeping and can also be worn over hip.

Code: BSWS (small) BSWL (large)
Size: Waist up to 82cm Waist 82-120cm
Weight: 1.3kg 1.5kg

Extension straps are available for larger waists or pregnancy.



Upper Body Wraps

Small and large for those suffering muscular and spinal pain in the back and to help relieve tension between the shoulder blades from desk work or stress. Comfortable to be worn while reading, studying, using the computer or to keep warm.

Code: UBWS (small) UBWL (large)
Size: 380mm x 440mm 425mm x 460mm
Weight: 2.0kg 2.4kg



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